

Caring More Matters

More than just a slogan, **Caring More Matters** is our call to action, our standard of service, our promise to you.

We, at Shrivvers Hospice stand behind our commitment to deliver the best care possible because truly making a difference can make all the difference.



Contact Us

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www.shrivvershospice.com

Interested in giving back?

Shrivvers Hospice Foundation exists to provide Shrivvers Hospice patients the opportunity to have a wish fulfilled. Learn more by visiting our website. We would love to share our life-changing experiences and join forces with you to continue with our mission.

www.SHRIVERSHOSPICEFOUNDATION.com



SHRIVERS HOSPICE
FOUNDATION



GRIEF SUPPORT PROGRAM

Keep Moving Forward





Together... We Got This

Shrivvers Hospice Grief Support Services include:



♥ Grief Support Workshop

5 session professionally guided workshop that will allow participants to gain knowledge on the following topics:

- What Grief Is
- Mourning and How It Relates to Grieving
- The Four Tasks of Mourning
- The Process of Grief
- The Misconceptions of Grief
- Tools to Assist Coping with Grief
- Reactions to Grief
- Grief and Loss Events
- Basic Self-Care
- Finding Meaning
- Creative Soothing Outlets
- Finding Support and Seeking Professional Help

♥ Quarterly Experiences

- Here's your opportunity to connect with others who are also processing grief. Once a quarter the Shrivvers Hospice Grief Support Team will plan an experience of fun and fellowship with others who can relate and understand what it means to lose someone special.

♥ One-one-One Support

- Grief looks different for everyone. Sometimes meeting with a group can seem overwhelming. We understand, we offer one-on-one sessions with our grief support team.

♥ Volunteer Opportunities

- From being helped to helping others. Being in service of others can be a great way to put the progress you've made in processing your grief into action. Reach out if you are being called to give your time and talents to help others dealing with loss.